MACUHO meets Appalachian Outreach, Inc... where a little means a lot!

Boy! Are we excited for MACUHO or what? I bet you all get the warm fuzzies whenever you are able to help someone out, right? Well, you better bring something to carry lots of fuzzies in!

Appalachian Outreach, Inc. (AO) is a non-profit organization coordinating relief for persons stricken by poverty through no fault of their own in West Virginia. As part of its mission, Appalachian Outreach helps relieve the burden of poverty and the loss of dignity suffered by the people of Appalachia. This cannot be done without the kindness and generosity of people like you.

We have chosen Appalachian Outreach as our Charity choice for the MACUHO 2004 conference in Wheeling, WV. We are very excited to be working with a great organization. Rose Hart, President of AO, is very ecstatic about working with us and receiving the supplies AO needs to support the families they help.

We are asking participants to assist in collecting personal hygiene products as well as some other day-to-day items. This project is know as the 'Shoe Box Santa.' Listed below are more specifics. We are requesting that each school NOT place items in a shoebox, but rather collect items and package them in bags or boxes of similar items. For instance, place all shampoo's and conditioners in one package, soaps in another, ect. Listed below is a more specific list of items needed.

- razors and blades
- shaving cream, after shave
- hand lotion
- perfume
- soap (bar or liquid)
- shampoo
- toothbrush and tooth paste
- mouth wash
- deodorant
- hair brush or combs
- large print cards
- stamps
- note pad
- hose (one size fits all)
- dominoes, checkers, or other games
- magnifying glass
- band aids
- corn plasters, etc.
- nail clipper set
- other

If you have any questions, please feel free to contact Liz Frost at 301-687-4869 or efrost@frostburg.edu.

Please remember, every little bit helps!