

## Travelling Tips

### Packing:

- Wear comfortable but warm clothes on the airplane. Either wear sneakers or have them in your carry-on bag. You want to have access to a warm outfit even if your luggage gets delayed. Pack prescription meds in bottle with prescription label. Always carry at least a two day supply with you on the airplane.
- Bring your meds and any otc meds you typically use (like Tylenol, Benedryl etc.)
- Bring business casual clothing for Gothenburg (3/10) and Haldor-Topsoe (3/12)
- Be prepared for inclement weather. LL Bean type boots work well there.
- Label your checked luggage with EF Tours and a ribbon.
- DO NOT LOCK YOUR SUITCASE.

### Things to Know About Your Carry-on Bags

When you bring your bag onboard, you save time - avoid lines at the check-in counter and waiting at baggage claim - so you can ease in and out of the airport.



If you are traveling with any liquid, gel or aerosol items, here are a few things you should remember:

Customers departing from U.S. airports on any domestic or international flight may bring carry-on bags through security and aboard the aircraft with trial-size toiletries (3.4 ounces or less) which can be purchased at any drug store.

Toiletries must fit comfortably in one, quart-size (7.5" x 8"), clear plastic zip-top bag.

The zip-top bag may need to be presented separately at airport security so make sure it is easily accessible when you approach the screening area.

Additionally, beverages or toiletries purchased inside the airport beyond the security checkpoints will be allowed onboard the aircraft.

Items greater than 3.4 ounces and/or not contained in a zip-top bag may be allowed on board but must be declared to the TSA at the security checkpoint for screening. These items include

baby formula, milk (to include breast milk), baby food, juice, medications and liquids/gels that are needed for diabetic or other medical conditions.

**Telephone and Internet:** Phone calls to and from Denmark are very expensive. My cell phone will be available for emergency use only, (215) 806-5390 and your parents have this number. If you want to call home you should buy a calling card and use a pay phone. **Do not use phones in room of hotel. If you do you will be responsible for a very hefty phone bill.** It seems that there is free WiFi in the hotel and there will be a computer in the lobby with Internet access. If there are charges for the Internet this will also be the student's responsibility.

**Passports:** Make extra copies of your passport your ISIC card and your second form of picture ID, leave one with your parents, keep one in your dorm room and bring one with you. **You do not have to carry your passport with you at all times**, so if possible we will leave in the hotel safe, not the room safe as the hotel staff has access to those. I would carry the copy but not the original!!

**Money:** ATM Card and Credit card are easier and safer to use than travelers checks. Bring \$50 worth of Danish Kroner (DKK) with you. You can exchange this at the airport in Boston.

As of 2/25/09 **1 DKK = 0.172 USD** and **1 SEK = 0.113 USD**

**1USD = 5.82 DKK** and **1 USD = 8.84 SEK**